

4th Annual Kanawha Trace 10K Trail Run

Ona, West Virginia

08/09/2014

Mens Record: Ehab Hoffman, 2011, 43:31

Womens Record: Jordan Thornton, 2011, 56:19

Place	Name	Age	Sex	Time	Pace
=====	=====	===	===	=====	=====
1	Mike Bowen	46	M	52:28	8:27
2	Anders Lindberg	39	M	59:02	9:30
3	Wes Holiday	44	M	59:10	9:32
4	Chris Bruner	48	M	1:00:53	9:48
5	Kirt Miller	43	M	1:01:21	9:53
6	Justin Manson	14	M	1:04:20	10:22
7	Kinkela Harkins	17	F	1:04:21	10:22
8	Haley Wright	15	F	1:04:21	10:22
9	Robert Jacks	43	M	1:04:31	10:23
10	Sean Lynch	32	M	1:04:52	10:27
11	Dave Chittum	49	M	1:05:21	10:31
12	Jackson Mayo	10	M	1:05:28	10:33
13	T.Elijah Lewis	8	M	1:05:46	10:35
14	Tim Mayo	48	M	1:06:05	10:39
15	Kevin Dickerson	39	M	1:06:32	10:43
16	Mary Kelly	29	F	1:06:42	10:45
17	Jaden Watkins	13	M	1:06:54	10:46
18	Sharon Gross	49	F	1:07:17	10:50
19	David Siders	55	M	1:07:20	10:51
20	Ed Curtis	38	M	1:07:50	10:55
21	Jason McCloud	37	M	1:08:31	11:02
22	Dustin McCormill	33	M	1:09:06	11:08
23	Derek Jones	35	M	1:09:17	11:09
24	Matt Shultz	32	M	1:09:18	11:10
25	Gary Watkins	37	M	1:11:22	11:30
26	Chuck Meadows	54	M	1:11:38	11:32
27	Kimberly Lewis	10	F	1:13:01	11:45
28	Thomas Lewis	33	M	1:13:01	11:46
29	Ingrid Burnette	41	F	1:13:06	11:46
30	Greg Manson	44	M	1:15:18	12:08
31	Kristy Adkins	34	F	1:15:43	12:12
32	Tranae Mathis	29	F	1:15:57	12:14
33	Joe Bocook	40	M	1:16:46	12:22
34	Jessica Walden	37	F	1:16:47	12:22
35	Andrea Owens	31	F	1:18:03	12:34
36	Cindy McKay	35	F	1:18:25	12:38
37	Seth Martin	30	M	1:19:05	12:44
38	Matt Straub	40	M	1:21:48	13:10
39	Keith Harkins	49	M	1:23:40	13:28

40	Renick Perry	54	M	1:23:57	13:31
41	James Porter	64	M	1:26:29	13:56
42	Lavonda Williams	49	F	1:26:45	13:58
43	Nancy Lares	42	F	1:26:46	13:58
44	Todd Rigney	35	M	1:27:12	14:02
45	Alicia Sweeney	43	F	1:27:48	14:08
46	Chris Powell	42	M	1:35:16	15:20
47	Tami Lee Shamblin	45	F	1:35:34	15:23
48	Joshua Leek	29	M	1:37:05	15:38
49	Mike Sweeney	43	M	1:43:01	16:35
50	Amanda Beckett	21	F	1:43:20	16:38

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51	Ben Schelling	36	M	1:43:54	16:44
52	Kimberly Diamond	54	F	1:45:25	16:58
53	Angela Dudek	37	F	1:45:28	16:59
54	Danny Jarvis	35	M	1:46:25	17:08
55	George Wait	9	M	1:46:36	17:10
56	Howard Lafferty	32	M	1:46:54	17:13
57	Kristina Stover	30	F	1:46:54	17:13
58	John Young	72	M	1:47:26	17:18
59	Kristy Schnierlein	39	F	1:53:01	18:12
60	Jessica Newman	33	F	1:54:27	18:26
61	Tori Mullins	20	F	1:59:27	19:14
62	Patrick Milleson	30	M	1:59:38	19:16
63	Emily Milleson	28	F	1:59:39	19:16
64	Thomas Wait	7	M	2:04:40	20:04
65	Sydney Wait	37	F	2:04:41	20:04
66	Scott Starkey	33	M	2:05:54	20:16
67	Ashley Johnson	43	F	2:07:47	20:34
68	Carrie Hunt	37	F	2:13:17	21:27
69	Elizabeth Daniels	30	F	2:13:19	21:28
70	Jamie Powers	35	F	2:14:18	21:37